

## Resources for Creating Spiritual Energy

### Newsletter

Hungry Hearts, a quarterly newsletter of the Spiritual Formation Program of the Presbyterian Church (U.S.A.), edited by Kris Haig – available from the program at 100 Witherspoon Street, Louisville, KY 40202-1396, or e-mail [Kristine@ctr.pcusa.org](mailto:Kristine@ctr.pcusa.org).

The newsletter includes a calendar of events related to spiritual formation, as well as articles about various spiritual practices.

### Web sites

Spiritual Formation Program of the PC(U.S.A.) – [www.horeb.pcusa.org/sf](http://www.horeb.pcusa.org/sf)

Retreats International, [www.nd.edu/~retreats/](http://www.nd.edu/~retreats/) - a web site with listings of retreat houses in the US and Canada

### Books

Brown, Robert McAfee, Spirituality and Liberation, Philadelphia: The Westminster Press, 1988.

Easum, William M. and Thomas G. Bandy, Growing Spiritual Redwoods, Nashville: Abingdon Press, 1997.

Norris, Kathleen, The Cloister Walk, New York: Riverhead Books, 1996.

Nouwen, Henri J.M., In The Name of Jesus: Reflections on Christian Leadership, New York, Crossroad Publishing Company, 1989.

Rice, Howard, Reformed Spirituality, Louisville, Kentucky: Westminster/John Knox Press, 1991.

Schaper, Donna, Sabbath Keeping, Boston: Cowley Publications, 1999.

Thompson, Marjorie, Soul Feast, Louisville, KY: Westminster/John Knox Press, 1995.

Ware, Corinne, Discover Your Spiritual Type: A Guide to Individual and Congregational Growth, Bethesda, MD: The Alban Institute, 1995